

## SPA PACKAGES

### QUAD SPA DAY

£65.00 per person

This spa package is an ideal introduction to the delights of the Club with a 2 course Lunch and a 25 minute treatment of your choice, plus full use of the Quad Club facilities.

### DELUXE SPA DAY

£90.00 per person

Enjoy a delicious 2 course Lunch and a choice of two 25 minute treatments with full use of the Quad Club facilities.

### SPARKLING AFTERNOON TEA SPA DAY

£70.00 per person

This popular spa package gives you full use of all Quad Club facilities, one 25 minute treatment of your choice and a delicious Afternoon Tea with a glass of Prosecco (served between 2pm and 5pm).



**ALL SPA PACKAGES INCLUDE FULL USE OF QUAD CLUB FACILITIES AND A CHOICE OF:**

- EXPRESS FACIAL
- INDIAN HEAD MASSAGE
- FOOT & LEG MASSAGE
- HAND & ARM MASSAGE
- BACK, NECK & SHOULDER MASSAGE
- HOT OIL AND SALT SCRUB BACK TREATMENT
- EXPRESS MANICURE
- EXPRESS PEDICURE

## HOT OIL AND SALT SCRUB POLISH

An aromatic and invigorating treatment that will cleanse your skin, helping to smooth away dead skin cells leaving your skin hydrated, smooth and looking extra radiant.

FULL BODY\* (45 minutes)

£50.00

BACK TREATMENT\* (25 minutes)

£40.00

\*Please note that massage treatments are NOT available before the 13th week of pregnancy.

## GIFT VOUCHERS

Go to [www.cpmarlow.co.uk/gift-vouchers](http://www.cpmarlow.co.uk/gift-vouchers) to purchase spa vouchers and find out more

For all enquiries and bookings, please call **01628 496 957** or email [Quad.Club@cpmarlow.co.uk](mailto:Quad.Club@cpmarlow.co.uk)

## SPECIAL OFFERS

Visit our website for information on our special offers and promotions:  
[www.cpmarlow.co.uk](http://www.cpmarlow.co.uk)

## SPA OPENING TIMES

Monday	09:30 - 20:00
Tuesday	09:30 - 20:00
Wednesday	09:30 - 20:00
Thursday	09:30 - 20:00
Friday	09:30 - 19:00
Saturday	09:30 - 19:00
Sunday	09:30 - 19:00

Crowne Plaza Marlow, Fieldhouse Lane, Marlow, Buckinghamshire, SL7 1GJ  
SAT NAV Postcode: SL7 1LU | FREE PARKING

## TERMS & CONDITIONS

- Please arrive 10 minutes before your appointment to complete a medical questionnaire and ensure that you get your full treatment time.
- Prices are subject to change.
- \*Please note that massage treatments are NOT available before the 13th week of pregnancy.
- Please ensure you arrive to your treatment in dry underwear. No treatment will be provided to guests in wet swimwear.



# QUAD BEAUTY

## Price List



## FACIALS

### EXPRESS FACIAL

This facial is an ideal way to introduce yourself to the Monu skincare range. It's perfect as a lunch break treatment or for the teenagers looking to get into a skincare routine at home. Ideal to have before a make-up or bridal make-up application

(25 minutes) £35.00

### AROMATIC FACIAL

A soothing, beneficial treatment that is suitable for all skin types. All products contain pure essential oils that have been carefully selected to help balance the skin and maintain its youthful appearance.

(55 minutes) £55.00

### ACTIVE COLLAGEN FACIAL

This facial has been designed to reduce the signs of aging using freeze dried collagen. This is an intensive collagen treatment that will improve the skin's ability to retain moisture. After just one treatment, the skin's ability to hold moisture is improved by up to 75%. After 6 treatments wrinkle depth can be reduced by up to 40%.  
**Offer:** Pay for 5 and get the 6th free.

(60 minutes) £65.00



## WAXING

KEY: (M) ALSO SUITABLE FOR MALES

½ leg (M)	£18.00
½ leg and bikini	£25.00
Full leg (M)	£25.00
Full leg and bikini	£32.00
¾ leg (M)	£22.00
Standard bikini	£15.00
Higher bikini	£17.00
Stomach (M)	£15.00
Forearm (M)	£15.00
Full arm (M)	£20.00
Underarms (M)	£10.00
Eyebrows (M)	£9.00
Lip and Chin (M)	£12.00
Lip, Chin, Cheeks or Forehead (M)	£7.00
Back (M)	£25.00
Chest (M)	£25.00
Back and Chest (M)	£40.00

## JESSICA MANICURES AND PEDICURES\*

Luxury Manicure (45 minutes)	£30.00
Express Manicure (25 minutes)	£25.00
Luxury Pedicure (55 minutes)	£40.00
Express Pedicure (25 minutes)	£30.00
File and Paint	£12.00

\*Add Gel Polish (£10 extra) to any Manicure or Pedicure



## SWEDISH MASSAGE

### FULL BODY MASSAGE\*

A complete massage of the whole body relaxes all muscles, improves blood and lymph circulation, stimulates metabolic processes and gives your energy levels a boost.

(55 minutes) £60.00

### BACK, NECK & SHOULDER MASSAGE\*

A totally relaxing and de-stressing treatment for your back, neck & shoulders.

(25 minutes) £40.00

### INDIAN HEAD MASSAGE\*

This therapeutic massage helps dispel stress, relieve tensions, and promote healthy hair and scalp.

(25 minutes) £35.00

### FOOT & LEG MASSAGE\*

This is the perfect massage for the end of the day. It will release those tired aches and pains.

(25 minutes) £35.00

### HAND & ARM MASSAGE\*

A massage to promote better circulation, better range of motion, and pain relief. Includes a mask and hot oil treatment.

(25 minutes) £35.00

## HOT STONE MASSAGE\*

Heated black basalt stones are used to massage the body, releasing deep-seated tension. This treatment is ideal for anyone suffering with muscular aches and pains.

(55 minutes) £70.00

\*Please note that massage treatments are NOT available before the 13th week of pregnancy.

For all enquiries and bookings,  
please call 01628 496 957 or  
email [Quad.Club@cpmarlow.co.uk](mailto:Quad.Club@cpmarlow.co.uk)